

Diabetes and Insulin Training for Unlicensed Staff

2-day class - Tuesday & Thursday - May 17 and 19, 2011

Earn 8-Continuing Education Units (CEUs)

Sponsored by:
Chester County Healthcare Industry Partnership

Course fees: \$100 per registered student. **See requirements listed at bottom of page
Seating is limited to availability on a first come first served basis.

Class hours: total of 8-classroom hours of instruction

(2-days) Thursday **May 17, 9:30 a.m. to 2:30 p.m.** and Friday **May 19, 9:30 a.m. to 2:30 p.m.**

Location: Penn State Great Valley, Continuing Professional Education Department

see link for directions to campus: <http://www.sgps.psu.edu/about/directions.ashx>

Registration: register online at <http://insulintraining.eventbrite.com/> or call 610-458-5700 x212

Registration deadline is Friday, May 13

Who should attend:

This two-day course is designed for anyone who is responsible for attending to the care of patients or clients, who suffer from Diabetes. This training will provide the student with the ability to learn the skills necessary to monitor the needs, as well as administer insulin injections to someone with Diabetes. Students who complete both days of training will be awarded a Penn State Great Valley Certificate of Completion.

Course Description:

This Knowledge Transfer Program will consist of a combination of in-class lectures and instructor led hands-on exercises. One exercise will require students to inject themselves with a saline solution. This exercise is designed to afford students a better understanding of the injection process. In addition, this course is designed to provide basic education related to the condition of diabetes to unlicensed staff caring for clients who have diabetes. Participants who successfully complete this course will have knowledge of diabetes, nutrition needs, normal blood glucose ranges and recognition, treatment and prevention of hypoglycemia and hyperglycemia. They will also have knowledge of insulin and demonstrate insulin preparation and administration, storage and disposal.

Topics: ▪Anatomy and physiology of diabetes ▪Normal blood glucose readings/goals ▪Complications related to diabetes (*why it's important to treat*) ▪Nutrition knowledge/survival skills ▪Storage guidelines ▪Medication storage and disposal ▪Types of insulin and how insulin works ▪Symptoms of hypoglycemia ▪Hyperglycemia ▪Insulin preparation and administration ▪Medication administration documentation ▪Methods of monitoring blood sugar levels ▪Meter instruction

** Cost of training has been supplemented by funding from the PA Department of Labor & Industry and the Chester County Workforce Investment Board. Participants must provide SSN information to comply with state requirements. Participant's Employer and Dislocated Workers must register with PA CareerLink.*

PENN STATE GREAT VALLEY - SCHOOL OF GRADUATE PROFESSIONAL STUDIES

30 East Swedesford Road, Malvern, PA 19355-1443

610-648-3281 ■ www.sgps.psu.edu/cpe ■ gvskills@psu.edu